NMR based screening for inborn errors of metabolism

Ascend[™] 600

Inborn errors of metabolism: A worlwide problem for children



Headquarters in Cologne (RTZ)

Factory in Hagen

INFAI is at the leading edge in the transfer of advanced analytical technology into medical diagnostics and the development of innovative pharmaceutical products. The company has pioneered the use of stable isotopes and NMR in gastroenterology, metabolic diseases, and oncology. INFAI's laboratories in Cologne, Germany are equipped with the most advanced NMR and NMR imaging instrumentation. These facilities are used for in-house research and product development and are also available for collaborative and contract research.

In the last years we have developed a range of non-invasive and highly effective stable isotope breath tests. One of these tests is already licensed and available for the routine diagnosis of Helicobacter pylori infection. Other tests to determine gastric emptying rate and pancreatic insufficiency will be soon available.

NMR spectroscopy and NMR imaging are used at INFAI to investigate a range of metabolic disorders and malignant conditions. The non-invasive characteristics of these techniques make them particularly suitable for pediatric use. INFAI conducted a clinical trial for newborn screening with 12 clinical centers in Turkey in cooperation with Bruker. The Metabo Test was developed and validated for inborn errors of metabolism.

INFAI is affiliated with a range of companies throughout Europe.

Urine screening for metabolic diseases in neonates

Approximately 1 in 400 neonates in Turkey, and 1 in 500 neonates in EU countries are affected by congenital metabolic diseases. If undetected and untreated, these diseases can lead to irreversible organ failures, invalidity or death. Currently, neonates are routinely screened for only 12 metabolic diseases. However, there are many more known metabolic diseases. Nowadays, tandem-MS (mass spectrometry) and GC (gas chromatography) / MS are the most frequently used diagnostic methods for the diagnosis of metabolic diseases. Nevertheless, tandem-MS can only investigate a total of approximately 40 metabolites with one (group of) metabolite(s) at a time. Analysis of large molecules poses additional technical problems, leading to increased costs and analysis time. As sample preparation is also time consuming, these methods are not suitable for screening. Only investigations of suspected diseases are feasible. GC-MS also needs derivatization, with the risk of changing the sample and the outcome of the measurement.

Magnetic resonance spectroscopy (NMR) of body fluids

The NMR method was developed by Felix Bloch and Edward Purcell, who were awarded with the Nobel Prize in 1952 for this work. This method has been further developed and is frequently used in various fields. Its main application used to be the structural analysis of unknown molecules and their characterization and quantification in organic chemistry. Medical utilizations, especially imaging were developed by Richard Ernst, who received the Nobel Prize in 1991. In the past decade, other medical applications of NMR spectroscopy have been investigated, so that potential diseases can be detected in investigations of body fluids (urine, serum or cerebrospinal fluid).

For the diagnosis of congenital metabolic diseases, NMR spectroscopy has many advantages over other methods. It shows the majority of proton-containing compounds and therefore provides an overall view of metabolism. It is a non-invasive investigation



method, fast, and easy to perform. The NMR spectroscopy of body fluids may be considered as an alternative analytical approach for diagnosing known, but also unknown, inborn errors of metabolism, through targeted and non-targeted analysis of metabolites.

NMR spectrum of urine

The ¹H-NMR spectrum of a body fluid provides a characteristic ,fingerprint' of almost all hydrogen nuclei in a given metabolite. In the NMR spectrum of urine, more than 1000 metabolites can be observed. The intensity of the observed resonance is proportional to the number of hydrogen nuclei in the sample. In this way, the concentration of each metabolite can be determined.

NMR spectroscopy can detect and analyze all metabolites in urine in a single measurement that only takes minutes, thus allowing fast and cost effective diagnostic screening. Besides buffering, no preprocessing of the urine samples is necessary for the measurement. Figure 1 below shows an NMR spectrum of urine with some assigned peaks.

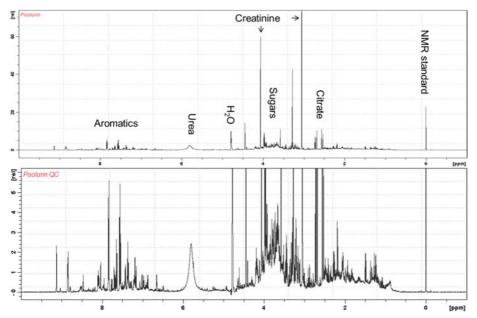


Figure 1: Urine spectrum with peak assignment; above: overall view; below: zoomed-in view.

Clinical study in Turkey

In a large, multi-center clinical study conducted by INFAI in cooperation with Bruker BioSpin and ten clinical centers in Turkey, urine samples from 950 newborn babies were collected and investigated by using high-throughput Bruker ADVANCE III 500 MHz and 600 MHz NMR spectroscopy, in order to establish whether pathological metabolites are observed in healthy newborns and to determine their concentration ranges. A standard model for newborn screening was developed. Currently, more than 600 metabolites can be detected and quantified with this NMR method. A statistical method of analysis (PCA) is used in order to achieve automatic separation of normal and abnormal samples. Conspicuous samples will be further investigated with more complex NMR techniques (such as 2D NMR). In this way, samples of healthy and diseased neonates will be separated.

Statistical analysis

The statistical analysis and quantification of the metabolite concentrations will be based on the combination of a 1D- and fast 2D-J-resolved spectra. This 2D-spectrum supports the reliable identification of a metabolite, through the deconvolution of the urine spectra, leading to identification of line, position and shape of the peak. The evaluation of suspicious urine samples is performed by comparing its spectrum with the spectra of all other healthy urine samples, using principal component analysis (PCA). Figure 2 gives an example of this type of analysis.

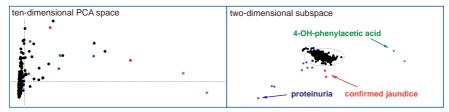


Figure 2: Example of untargeted analysis by PCA.

This statistical analysis was carried out with all of the 950 spectra collected in the clinical study in Turkey. PCA generates a representation in which each sample is shown as an individual point. Suspicious samples become evident as outlier points. In the example, three types of outlier samples are observed, and shown in different colors (Figure 2). Further spectral investigations detect high concentrations of different fingerprint metabolites. Two of the subjects were confirmed to have suffered from jaundice, and one of them had to be

treated in an intensive care unit. For ten subjects, high concentrations of macromolecules were observed. An external laboratory identified albumin, which indicates manifest nephropathy. Several subjects were observed with 4-hydroxyphenylacetic acid in high concentrations, but no unusual findings were reported in clinical data.

However, all current NMR-signatures of diseases with their specific metabolites in our database are derived from patients with metabolic diseases. To serve as a screening test, calibration of this statistical method is first established by comparing all normal urine spectra of Turkish neonates. This especially concerns the metabolites that reveal immaturity and which are more variable than in older patients. That means that some disease-specific metabolites may physiologically still be present to some extent in healthy neonates. They naturally posses high variances, as seen in Figure 3.

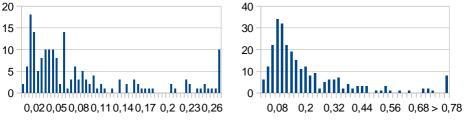


Figure 3: Assigned concentration profiles of 4-hydroxyphenylacetic (left) and D-galactose (right).

A thorough statistical analysis and classification requires collection of (urine) samples from various populations of patients with metabolic diseases, as well as from healthy control populations. The goal of the statistical model is to explore the range of variation (concentration and chemical shift) of specific metabolites in the urine of neonates without being clinically relevant. This is necessary for the identification of pathological thresholds for these specific metabolites, in comparison to the healthy neonates, and subsequent development of a normal model for urine spectra of Turkish neonates. Further statistical modules developed at INFAI and Bruker BioSpin GmbH use such a normal model for untargeted screening and allow the detection of yet unknown diseases in Turkish neonates.

Quantification

The peak area or signal intensity of a signal in a ¹H-NMR spectrum is proportional to the number of protons contributing to the signal. It is therefore also proportional to the concentration of the molecule concerned, thus allowing NMR spectroscopy to be used for metabolite quantification. The sensitivity of the technique is in the low micromolar range for most metabolites. After the identification of metabolites in the NMR spectrum, simple integration of some selected signals from each metabolite of interest gives full quantitative information on its concentration. Figure 4 below gives an example: the concentrations of 4-hydroxyphenylacetic acid (246 mmol / mol creatinine) and D-galactose (1274 mmol / mol creatinine) are given, where the level of D-galactose is double of what is described as pathological (631 mmol / mol creatinine).

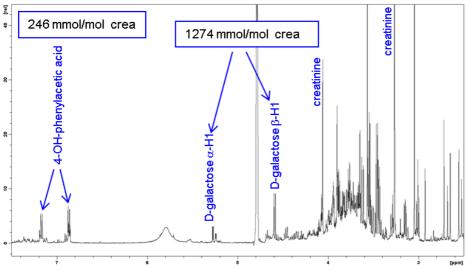


Figure 4: Quantification demonstrated on a subject where both 4-OH-phenylacetic acid and D-galactose are found in pathological concentrations.

Diseases and metabolites in urine spectra

INFAI provides 20 years of experience in NMR-based investigations of body fluids. Over the years, a comprehensive library of spectral information on numerous diseases and isolated metabolites has been accumulated. Some examples of urine spectra of children with diagnosed diseases will now be presented. For further information, the OMIM-numbers of the diseases are given (omim.org).

Online Mendelian Inheritance in Man ($OMIM^{\otimes}$) is a continuously updated catalog of human genes, genetic disorders and traits, with particular focus on the molecular relationship between genetic variation and phenotypic expression. It is thus considered to be a phenotypic companion to the Human Genome Project.

- Hereditary urea cycle abnormality

The hereditary urea cycle abnormality is an inherited condition that can cause several problems with the removal of waste from the body in the urine. The urea cycle is a process in which waste (ammonia) is removed from the body. When you eat proteins, the body breaks them down into amino acids, which are converted to ammonia, and which has to be removed from the body.

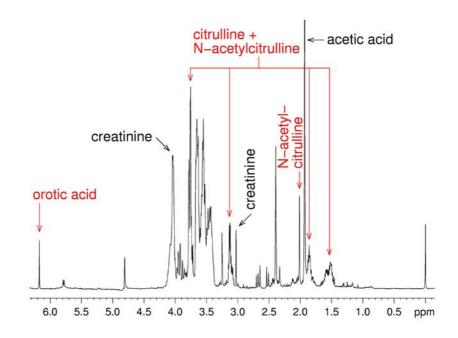
The liver produces several chemicals (enzymes) that convert ammonia into urea, which the body can remove in the urine. If this process is disturbed, ammonia levels begin to rise. Several inherited conditions can cause problems with this waste removal process. People with an urea cycle disorder are missing a gene that makes the enzymes needed to break down ammonia in the body.

These diseases include:

- Argininosuccinic aciduria
- Arginase deficiency
- Carbamyl phosphate synthetase (CPS) deficiency
- Citrullinemia
- N-Acetyl glutamate synthase deficiency (NAGS)
- Ornithine transcarbamylase deficiency (OTC)

As a group, these disorders occur in 1 in 30,000 newborns. Ornithine transcarbamylase deficiency is the most common of these disorders.

- Citrullinemia



OMIM #215700

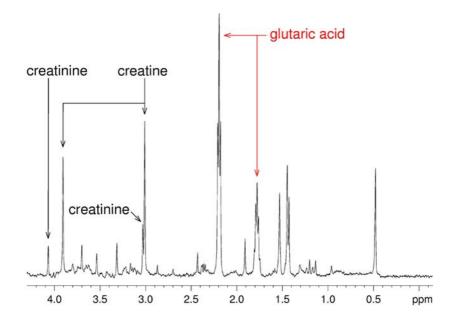
Citrullinemia is an inherited disorder that causes ammonia and other toxic substances to accumulate in the blood. Two forms of citrullinemia have been described. They have different signs and symptoms and are caused by mutations in different genes.

Type I citrullinemia is the most common form of this disorder and usually becomes evident in the first few days of life.

Type II citrullinemia chiefly affects the nervous system, causing confusion, restlessness, memory loss, abnormal behaviors, seizures, and coma. In some cases, the signs and symptoms of this disorder appear during adulthood (adult-onset).

Increased levels of citrulline and N-acetylcitrulline can be observed in the urine spectra.

- Glutaric aciduria type I



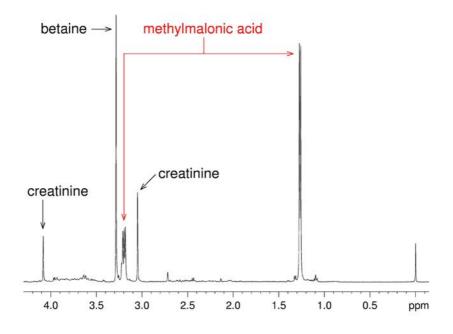
OMIM #231670

Glutaric aciduria type I is an inherited disorder in which the body is unable to process certain proteins properly. People with this disorder have inadequate levels of an enzyme that helps break down the amino acids lysine, hydroxylysine and tryptophan, which are building blocks of proteins.

The severity of glutaric aciduria type I vary widely; some individuals are only mildly affected, while others have severe problems. In most cases, signs and symptoms first occur in infancy or early childhood. Glutaric aciduria type I occurs in approximately 1 of every 30,000 to 40,000 individuals.

High concentrations of glutaric acid were observed in all body fluids.

- Methylmalonic aciduria



OMIM #251000

Methylmalonic aciduria is an inherited disorder in which the body is unable to process certain proteins and fats (lipids) properly. The effects of methylmalonic aciduria, which usually appear in early infancy, vary from mild to life-threatening. Affected infants can experience vomiting, dehydration, weak muscle tone (hypotonia), developmental delay, excessive tiredness (lethargy), an enlarged liver (hepatomegaly) or failure to gain weight and grow at the expected rate (failure to thrive). Long-term complications can include feeding problems, intellectual disability, chronic kidney disease and inflammation of the pancreas (pancreatitis). This disease occurs in an estimated frequency of 1 in 50,000 to 100,000 people.

D- and L-form of 2-hydroxyglutaric aciduria

D- and L-2-hydroxyglutaric acidurias are rare, clinically variable, and neurological forms are characterized biochemically in urine (Figure 5), plasma, and cerebrospinal fluid. The different enantiomeric forms of 2 hydroxyglutaric acid are related to different diseases: L-2-hydroxyglutaric aciduria (L-2-HGA) is related to the L-enantiomer of 2-hydroxyglutaric acid, while the less common D-2-hydroxyglutaric aciduria (D-2-HGA) is related to the D-enantiomer. The prevalence of this disorder is not known; only 80 cases worldwide have been reported to date.

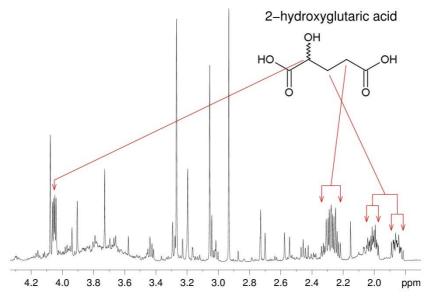


Figure 5: NMR spectra of urine with 2-hydroxyglutaric aciduria.

The distinction between the L- and D-forms is not possible using ordinary analytical techniques (Tandem-MS, GC-MS). For a definite diagnosis, a genetic analysis of the affected genes is usually necessary. The affected genes are L2HGDH (in L 2-HGA) or either D2HGDH or IDH2 (in D-2-HGA). A lanthanide shift reagent (Figure 6) allows distinction between L- and D-2-hydroxyglutaric acid in the NMR spectra of urine. When this samarium complex is added as a chemical shift reagent, the NMR resonances of L- and D-2-hydroxyglutaric acid are shifted in different directions (shown in Figure 7) and can be clearly distinguished.

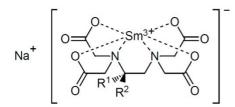
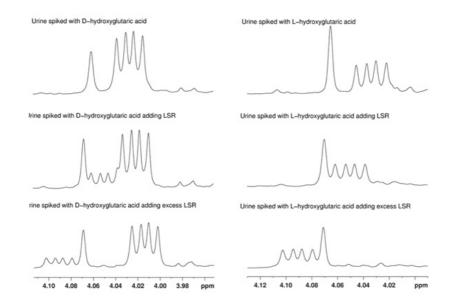
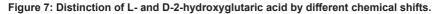


Figure 6: Lanthanide-Shift-Reagent.

This method was applied to urine samples from three different patients of age 1, 5, and 28 years treated by Prof. Turgay Coskun and Prof. Ali Dursun, Hacettepe University, Ankara, Turkey. In all three cases, the L-enantiomer was found, confirming the diagnosis of L-2-HGA.





Problems in Newborn Screening

Problem of false positive and false negative results should be avoided by classifying outlier groups. Unknown metabolites need additional investigations and different techniques.

In type II tyrosinemia, 4 metabolites: 4-hydroxyphenylacetic acid, 4hydroxyphenyllactic acid and 4-hydroxyphenylpyruvic acid (Tomoeda et al. 2000) were found in urine, and the amino acid tyrosine must be detectable in plasma. Figure 5 shows the results from a neonate with possible type II tyrosinemia.

In hawkinsinuria, the first three above mentioned metabolites also appear in urine, but additionally 5-oxoproline and 4-hydroxycyclohexylacetate must be present. However, in this case these metabolites were not found. Therefore, this neonate may suffer from type II tyrosinemia. Unfortunately, a conclusive diagnosis would only have been possible with a plasma sample, which was not available. Moreover, we have no information on the neonate's subsequent clinical course.

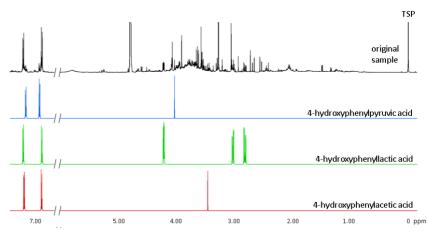


Figure 8: Matching of urine with database spectra of diagnostic metabolites.

Reproducibility between laboratories

All samples were measured in duplicate, in INFAI's lab in Cologne and in Bruker's lab in Karlsruhe. In Figure 9, the results of a PCA analysis applied on the combined data set (both laboratories, Lab-1: yellow, Lab-2: blue) are shown. Each pair of samples is represented by a pair of markers connected by a blue line. The small insert plot shows a zoom into the black rectangle. It is found that the two aliquots of each initial sample measured independently in the two labs are always represented by points which are in close proximity, thus demonstrating excellent reproducibility.

| | Total Number of NMR Samples | NMR Samples with clinical metadata | 80 60 8 |
|-------------------|--------------------------------------|---|--------------------------|
| INFAI | 953 | 953 | 40- 8 2 4 4 2 2 2 |
| Bruker | 892 | 890 | 20- |
| Both labs | 885 | 885 | |
| Only at INFAI | 68 | 68 | -20 |
| Only at Bruker | 7 | 5 | -40 -100 -50 0 50 100 |

Figure 9: PCA analysis of NMR-spectra measured and analyzed in two different laboratories.

Current list of automatically quantified metabolites

• Marker for Inborn Errors

| | Markers for IEM Diseases | | | | |
|-----|--------------------------|-----|--------------------------------|--|--|
| Nr. | Name | Nr. | Name | | |
| 1 | Orotic Acid | 25 | 2-Hydroxyphenylacetic Aid | | |
| 2 | Methylmalonic Acid | 26 | 2-Phenyllactic Acid | | |
| 3 | 2-Hydroxyisovaleric Acid | 27 | 3-Phenyllactic Acid | | |
| 4 | 3-Hydroxyisovaleric Acid | 28 | 4-Hydroxyphenyllactic Acid | | |
| 5 | Ethylmalonic Acid | 29 | 3-Methyl-2-Oxovaleric Acid | | |
| 6 | N-Acetylaspartic Acid | 30 | 2-Hydroxy-4-Methylvaleric Acid | | |
| 7 | Glutaric Acid | 31 | D-Galactonic Acid | | |
| 8 | Xanthine | 32 | 3-Methylcrotonylglycine | | |
| 9 | Uridine | 33 | Uracil | | |
| 10 | Acetone | 34 | Galactitol | | |
| 11 | 3-Hydroxybutyric Acid | 35 | Isovaleroylglycine | | |
| 12 | Acetoacetic Acid | 36 | 5-Aminolevulinic Acid | | |
| 13 | Propionic Acid | 37 | 2-Oxoisocaproic Acid | | |
| 14 | L-Isoleucine | 38 | Propionylglycine | | |
| 15 | Allo-Isoleucine | 39 | 4-Hydroxyphenylacetic Acid | | |
| 16 | Leucine | 40 | 3-Hydroxyvaleric Acid | | |
| 17 | Valine | 41 | D-Sorbitol | | |
| 18 | Citrulline | 42 | 3-Hydroxyglutaric Acid | | |
| 19 | 3-Hydroxypropionic Acid | 43 | E-Glutaconic Acid | | |
| 20 | Phenylalanine | 44 | 2-Oxoisovaleric Acid | | |
| 21 | Phenylpyruvic Acid | 45 | L-pyroglutamic Acid | | |
| 22 | N-Acetylphenylalanine | 46 | Tiglylglycine | | |
| 23 | Neopterin | 47 | Suberic Acid | | |
| 24 | Phenylacetic Acid | 48 | Sebacid Acid | | |

• Endogenous Compounds, Impurities, Food- and Drug related

| Metabolites always present in urine | | | |
|-------------------------------------|-------------------|-----|-------------------------------|
| Nr. | Name | Nr. | Name |
| 1 | Creatinine | 15 | Fumaric Acid |
| 2 | Creatine | 16 | Formic Acid |
| 3 | D-Glucose-beta | 17 | 1-Methylnicotinamide |
| 4 | D-Galactose-alpha | 18 | N,N-Dimethylglycine |
| 5 | D-Lactose | 19 | <i>Myo</i> -inositol |
| 6 | Alanine | 20 | Taurine |
| 7 | Lactic Acid | 21 | Trimethylamine-N-oxide (TMAO) |
| 8 | Acetic Acid | 22 | Hippuric Acid |
| 9 | Succinic Acid | 23 | 4-Aminobutyric Acid GABA |
| 10 | Citric Acid | 24 | Trigonelline |
| 11 | Dimethylamine | 25 | Methanol |
| 12 | Trimethylamine | 26 | Ethanol |
| 13 | Betaine | 27 | Benzoic Acid |
| 14 | Glycine | | |

List of Metabolites in the Inborn Error Reference Spectra Database

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|---------------------------------------|--|
| 1 | 1,2-propanediol | Artefacts-pharmaceutical products (additive) |
| 2 | 1-methyl-1-cyclohexanecarboxylic acid | 3-methylcrotonylglycinuria |
| 3 | 2,3-butanediol | Artefacts-pharmaceutical products (from ethanol) |
| 4 | 2,8-dihydroxyadenine | Adenine phosphoribosyltransferase deficiency |
| 5 | 2-aminoadipic acid | 2-Aminoadipic aciduria |
| | 2-aminoadipic acid | 2-Ketoadipic aciduria |
| 6 | 2-aminoisobutyric acid | ß-Aminoisobutyric aciduria |
| 7 | 2-butanone | ß-Ketothiolase deficiency |
| 8 | 2-deoxyadenosine | Adenosine deaminase deficiency |
| | 2-deoxyguanosine | Purine nucleoside phosphorylase deficiency |
| 9 | 2-hydroxy-3-methylvaleric acid | Maple syrup urine disease |
| | 2-hydroxy-4-methylvaleric acid | Maple syrup urine disease |
| 10 | 2-hydroxyadipic acid | 2-Ketoadipic aciduria |
| 11 | 2-hydroxybutyric acid | Lactic Acidosis |
| 12 | 2-hydroxyglutaric acid | Glutaric aciduria type II |
| 13 | 2-hydroxyisocaproic acid | Maple syrup urine disease |
| 14 | 2-hydroxyisovaleric acid | Maple syrup urine disease |
| 15 | 2-hydroxyphenylacetic acid | Phenylketonuria |
| 16 | 2-hydroxysebacic acid | Zellweger Syndrome |
| 17 | 2-ketoadipic acid | 2-Ketoadipic aciduria |
| 18 | 2-methyl-3-hydroxybutyric acid | ß-Ketothiolase deficiency |
| 19 | 2-methylacetoacetic acid | ß-Ketothiolase deficiency |
| 20 | 2-methylbutyric acid | Glutaric aciduria type II |
| 21 | 2-methylbutyrylcarnitine | Short/branched-chainacyl-CoA dehydrogenase deficiency (SBCADD) |
| 22 | 2-methylbutyrylglycine | Glutaric aciduria type II |
| 23 | 2-oxo-3-methylvaleric acid | Maple syrup urine disease |
| 24 | 2-oxoadipic acid | 2-Oxoadipic aciduria |
| 25 | 2-oxobutyric acid | Methionine malabsorption |
| 26 | 2-oxoglutaric acid | Dihydrolipoyl dehydrogenase (E3) |
| 27 | 2-oxoisocaproic acid | Maple syrup urine disease |
| 28 | 2-oxoisovaleric acid | Maple syrup urine disease |

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|----------------------------------|--|
| 29 | 3-aminoisobutyric acid | Hyper-&-alaninemia |
| 30 | 3-hydroxy-3-methylglutaric acid | 3-Hydroxy-3-methylglutaryl-CoA lyase deficiency |
| 31 | 3-hydroxyadipic acid | Long-chain 3-hydroxyacylcoenzyme A dehydrogenase |
| 32 | 3-hydroxybutyric acid | Maple syrup urine disease |
| 33 | 3-hydroxydodecanedioic acid | Short-chain 3-hydroxyacyl-CoA dehydrogenase deficiency (SCHAD) |
| 34 | 3-hydroxyglutaric acid | Glutaric aciduria type I |
| 35 | 3-hydroxyheptanoic acid | Long-chain 3-hydroxyacylcoenzyme A dehydrogenase |
| 36 | 3-hydroxyisovaleric acid | Biotinidase deficiency |
| 37 | 3-hydroxykynurenine | Hydroxykynureninuria |
| 38 | 3-hydroxypropionic acid | Methylmalonic aciduria |
| 39 | 3-hydroxysebacic acid | Long-chain 3-hydroxyacylcoenzyme A dehydrogenase |
| 40 | 3-hydroxyvaleric acid | Propionic Acidemia |
| 41 | 3-methoxytyramine | Aromatic L-aminoacid decarboxylase deficiency |
| 42 | 3-methoxytyrosine | Aromatic L-aminoacid decarboxylase deficiency |
| 43 | 3-methyl-2-oxovaleric acid | Maple syrup urine disease |
| 44 | 3-methylcrotonylglycine | Biotinidase deficiency |
| 45 | 3-methylglutaconic acid | 3-Methylglutaconic aciduria type 1 |
| 46 | 3-methylglutaric acid | 3-Hydroxy-3-methylglutaryl-CoA lyase deficiency |
| 47 | 3-oxoglutaric acid | Acidosis, gluconeogenesis |
| 48 | 3-ureidoisobutyric acid | Ureidopropionase deficiency |
| 49 | 3-ureidopropionic acid | Ureidopropionase deficiency |
| 50 | 4-aminobutyric acid | GABA-transaminase deficiency |
| 51 | 4-hydroxy-3-methoxymandelic acid | Asphyxia |
| 52 | 4-hydroxybutyric acid | 4-hydroxybutyric aciduria |
| 53 | 4-hydroxybutyric acid lactone | 4-hydroxybutyric aciduria |
| 54 | 4-hydroxyphenylacetic acid | Tyrosinemia I |
| | 4-hydroxyphenyllactic acid | Lactic Acidosis |
| 55 | 4-hydroxyphenylpyruvic acid | Hawkinsinuria |
| 56 | 5,6-dihydrothymine | Dihydropyrimidinase deficiency |
| 57 | 5,6-dihydrouracil | Dihydropyrimidinase deficiency |
| 58 | 5-aminolevulinic acid | Tyrosinemia I |

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|-------------------------------|--|
| 59 | 5-hydroxyhexanoic acid | Medium chain acyl-CoA dehydrogenase deficiency |
| 60 | 5-hydroxyindole-3-acetic acid | Blue diaper syndrome |
| 61 | 5-hydroxymethyluracil | Dihydropyrimidine dehydrogenase deficiency (DHPD) |
| 62 | 5-hydroxytryptophan | Aromatic L-aminoacid decarboxylase deficiency |
| 63 | 5-oxoproline | 5-Oxoprolinuria (Gluthathione synthase deficiency) |
| 64 | 5-phosphpmevalonic acid | Mevalonic aciduria |
| 65 | 6-methyluracil | ß-Ketothiolase deficiency |
| 66 | acetoacetic acid | Propionic aciduria |
| 67 | acetone | Propionic aciduria |
| 68 | adipic acid | Glutaric aciduria type II |
| 69 | adrenaline | Dopamine beta-hydroxylase deficiency (DßH) |
| 70 | alanine | Hartnup disorder |
| 71 | alanine-proline | Prolidase deficiency |
| 72 | allo-isoleucine | Pyrimidine disorders |
| 73 | arabinose | Polyol disease with arabinose and arabinitol |
| 74 | arabitol | Polyol disease with arabinose and arabinitol |
| 75 | arginine | Lysinuric protein intolerance |
| 76 | argininosuccinic acid | Argininosuccinic aciduria |
| 77 | asparagine | Hartnup disorder |
| 78 | aspartic acid | Acidosis, gluconeogenesis |
| 79 | aspartylglucosamine | Aspartylglucosaminura |
| 80 | azelaic acid | Adrenoleukodystrophy, neonatal |
| 81 | biopterin | Biopterin synthesis deficiency |
| 82 | ß-alanine | Gaba transaminase deficiency |
| 83 | betaine | Tyrosinemia type I |
| 84 | biocytin | Biotinidase deficiency |
| 85 | butanon | ß-Ketothiolase deficiency |
| 86 | carnitine | 3-Hydroxy-3-methylglutaryl-CoA lyase deficiency |
| 87 | carnosine | Carnosinemia |
| 88 | cis-4-hydroxyproline | Renal dysfunction |
| 89 | citric acid | Fumaric aciduria |
| 90 | citrulline | Citrullinemia |
| 91 | creatine | Guanidinoacetate methyltransferase (GAMT) deficiency |

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|--------------------------|--|
| 92 | creatinine | Cystinosis |
| 93 | cresol | Artefacts-bacterial contamination |
| 94 | cystathionine | Cystathionase deficiency |
| 95 | cysteine | γ-Glutamyltransferase deficiency |
| 96 | cystine | Cystinuria |
| 97 | D-2-hydroxyglutaric acid | D-2-Hydroxyglutaric aciduria |
| 98 | decanoyl-L-carnitine | 3-Hydroxy-3-methylglutaryl-CoA lyase deficiency |
| 99 | decenedioic acid | Medium chain acyl-CoA dehydrogenase deficiency |
| 100 | deoxyinosine | Purine nucleoside phosphorylase deficiency |
| 101 | deoxyuridine | Mitochondrial NeuroGastroIntestinal Encephalopathy |
| 102 | dermatane sulfate | Mucopolysaccharidosis |
| 103 | D-galactonic acid | Galactosemia |
| 104 | D-galactose | Galactosemia |
| 105 | D-glucose | Glucose transporter defect (SGTL2) |
| 106 | D-Lactose | Malabsorption syndromes |
| 107 | D-mannitol | Dehydration |
| 108 | dopamine | Aromatic L-aminoacid decarboxylase deficiency |
| 109 | D-sorbitol | Galactosemia |
| 110 | D-xylose | Pentosuria |
| 111 | D-xylulose | Pentosuria |
| 112 | erythritol | Transaldolase deficiency |
| 113 | ethanolamine | Ethanolaminosis |
| 114 | ethylmalonic acid | Ethylmalonic encephalopathy (EPEMA) |
| 115 | fructose | Hereditary fructose intolerance |
| 116 | fumaric acid | Fumaric aciduria |
| 117 | galactitol | Galactosemia |
| 118 | glutaconic acid | Glutaric aciduria type I |
| 119 | glutamic acid | Acidosis, gluconeogenesis |
| 120 | glutamine | Hartnup disorder |
| 121 | glutaric acid | Glutaric aciduria type I |
| 122 | glutathione | Glutathionuria |
| 123 | glyceric acid | D-Glyceric aciduria |
| 124 | glycerol | Glycerol kinase deficiency |

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|------------------------|--|
| 125 | glycine | Iminoglycinuria |
| 126 | glycine-proline | Prolidase deficiency |
| 127 | glycolic acid | Primary hyperoxaluria I, PH1 |
| 128 | glyoxilic acid | Primary hyperoxaluria I, PH1 |
| 129 | guanidinoacetic acid | Guanidinoacetate methyltransferase (GAMT) deficiency |
| 130 | guanosine | Purine nucleoside phosphorylase deficiency |
| 131 | hexanoic acid | MCAD |
| 132 | hexanoyl-D,L-carnitine | Multiple acyl-coenzyme A dehydrogenase deficiency |
| 133 | hexanoylglycine | Dehydrogenase deficiency |
| 134 | hippuric acid | Artefacts-bacterial contamination |
| 135 | histamine | Histidinemia |
| 136 | histidine | Histidinemia |
| 137 | homoarginine | Hyperlysinemia |
| 138 | homocarnosine | Homocarnosinosis |
| 139 | homocitrulline | Citrullinemia |
| 140 | homocysteine | Methylmalonic aciduria and homocystinuria, cblC type |
| 141 | homocystine | Homocystinuria |
| 142 | homogentisic acid | Alkaptonuria |
| 143 | homovanillic acid | Neuroblastoma |
| 144 | hydroxyproline | Glutaric aciduria type II |
| 145 | hypoxanthine | Molybdenum cofactor deficiency |
| 146 | imidazoleacetic acid | Histidinemia |
| 147 | imidazolepyruvic acid | Histidinemia |
| 148 | indican | Blue diaper syndrome |
| 149 | indole-3-aceticacid | Blue diaper syndrome |
| 150 | inosine | Purine nucleoside phosphorylase deficiency |
| 151 | isobutyric acid | Glutaric aciduria type II |
| 152 | isobutyryglycine | Glutaric aciduria type II |
| 153 | isovaleric acid | Glutaric aciduria type II |
| 154 | isovalerylglycine | Ethylmalonic encephalopathy (EPEMA) |
| 155 | kynurenine | Hydroxykynureninuria |

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|-----------------------------|--|
| 156 | L-2-hydroxyglutaric acid | L-2-Hydroxyglutaric aciduria |
| 157 | lactic acid | Biotinidase deficiency |
| 158 | L-dopa | Aromatic L-aminoacid decarboxylase deficiency |
| 159 | leucine | Hartnup disorder |
| 160 | L-glyceric acid | Hyperoxaluria type II |
| 161 | L-isoleucine | Hartnup disorder |
| 162 | L-xylulose | Pentosuria |
| 163 | lysine | Glutaric aciduria type II |
| 164 | malic acid | Acidosis, gluconeogenesis |
| 165 | malonic acid | Malonic aciduria |
| 166 | methionine | Cystathionine beta-synthase deficiency |
| 167 | methionine sulfoxyde | Cystathionine beta-synthase deficiency |
| 168 | methylfumaric acid | Isovaleric Acidemia |
| 169 | methylmalonic acid | Methylmalonic aciduria |
| 170 | methylsuccinic acid | Methylmalonic aciduria |
| 171 | mevalonic acid | Mevalonic aciduria |
| 172 | mevalono lactone | Mevalonic aciduria |
| 173 | myo-inositol | Dehydration |
| 174 | N,N-dimethylglycine | Dimethylglycine dehydrogenase deficiency |
| 175 | N-acetyl-2-aminoadipic acid | Ketoadipic aciduria |
| 176 | N-acetylalanine | Aminoacylase I deficiency |
| 177 | N-acetylaspartic acid | Canavan disease |
| 178 | N-acetylcarnitine | Isovaleric acidemia |
| 179 | N-acetylglutamic acid | Aminoacylase I deficiency |
| 180 | N-acetylglutamine | Aminoacylase I deficiency |
| 181 | N-acetylglycine | Aminoacylase I deficiency |
| 182 | N-acetylhistidine | Histidinemia |
| 183 | N-acetylisoleucine | Aminoacylase I deficiency |
| 184 | N-acetylmethionine | Aminoacylase I deficiency |
| 185 | N-acetylneuraminic acid | Salla disease |
| 186 | N-acetylphenylalanine | Phenylketonuria |
| 187 | N-acetylthreonine | Aminoacylase I deficiency |
| 188 | N-acetyltryptophane | Isovaleric acidemia |

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|------------------------|--|
| 189 | N-acetyltyrosine | Tyrosinemia I+II |
| 190 | N-acetylvaline | Aminoacylase I deficiency |
| 191 | neopterin | Phenylketonuria III |
| 192 | N-isovaleroylglycine | Glutaric aciduria type II |
| 193 | N-methylhistamine | Histidinemia |
| 194 | noradrenaline | Dopamine beta-hydroxylase deficiency (DßH) |
| 195 | N-trimethyllysine | TMLHE deficiency |
| 196 | octanoic acid | Medium chain acyl-CoA dehydrogenase deficiency |
| 197 | octenedioic acid | Medium chain acyl-CoA dehydrogenase deficiency |
| 198 | octenylsuccinic acid | Feeding: amino acid formula |
| 199 | ornithine | Cystinuria |
| 200 | orotic acid | Orotic aciduria |
| 201 | orotidine | Citrullinemia |
| 202 | oxalic acid | Primary hyperoxaluria I, PH1 |
| 203 | phenylacetic acid | Phenylketonuria |
| 204 | phenylalanine | Phenylketonuria |
| 205 | phenyllactic acid | Phenylketonuria |
| 206 | phenylpropionylglycine | Medium chain acyl-CoA dehydrogenase deficiency |
| 207 | phenylpyruvic acid | Phenylketonuria |
| 208 | phosphoethanolamine | Hypophosphatasia |
| 209 | pimelic acid | Adrenoleukodystrophy, neonatal |
| 210 | pipecolic acid | Hyperprolinemia |
| 211 | proline | Iminoglycinuria |
| 212 | propionylglycine | Propionic aciduria |
| 213 | propionylcarnitine | Propionic aciduria |
| 214 | pyruvic acid | Lactic acidosis |
| 215 | quinolinic acid | Malabsorption syndromes |
| 216 | ribitol | Ribose 5-phosphate isomerase deficiency |
| 217 | saccharopine | Saccharopinuria |
| 218 | S-adenosylhomocysteine | S-Adenosylhomocysteine (SAH) hydrolase deficiency |
| 219 | salicylic acid | Adenylosuccinate lyase deficiency |
| 220 | sarcosine | Glutaric aciduria type II |
| 221 | sebacic acid | Glutaric aciduria type II |

| Nr. | compound | main function/disease, further diseases in most cases |
|-----|---------------------------|--|
| 222 | serine | Renal dysfunction |
| 223 | serotonine | Monoamine oxidase-A deficiency (MAO-A) |
| 224 | sialic acid | Sialic acid storage disease |
| 225 | S-sulfocysteine | Molybdenum cofactor deficiency |
| 226 | suberic acid | Glutaric aciduria type II |
| 227 | suberylglycine | Medium chain acyl-CoA dehydrogenase deficiency |
| 228 | succinic acid | Fumaric aciduria |
| 229 | succinylacetone | Tyrosinemia I hepatorenal form |
| 230 | sucrose | Malabsorption syndromes |
| 231 | taurine | Hyper-ß-alaninemia |
| 232 | threonine | Hartnup disorder |
| 233 | thymidine | Mitochondrial NeuroGastroIntestinal Encephalopa- thy |
| 234 | thymine | Dihydropyrimidinase deficiency |
| 235 | thyroxine | Hypothyroidism |
| 236 | tiglylgylcine | ß-Ketothiolase deficiency |
| 237 | trimethylamine | Trimethylaminuria / fish odor syndrome |
| 238 | trimethylamine-N-oxide | Trimethylaminuria / fish odor syndrome |
| 239 | tryptophane | Hepatic failure |
| 240 | tyramine | Artefacts-bacterial contamination |
| 241 | tyrosine | Asphyxia |
| 242 | uracil | Tyrosinemia type I |
| 243 | uric acid | Citrullinemia |
| 244 | uridine | Ornithine carbamoyltransferase deficiency |
| 245 | urocanic acid | Urocanic aciduria |
| 246 | valine | Hartnup disorder |
| 247 | valine-proline | Prolidase deficiency |
| 248 | vanilmandelic acid | Neuroblastoma |
| 249 | xanthine | Molybdenum cofactor deficiency |
| 250 | xanthurenic acid | Hydroxykynureninuria |
| | | |
| | currently 250 metabolites | |

NMR Analysis of Bodyfluids (Flowchart)

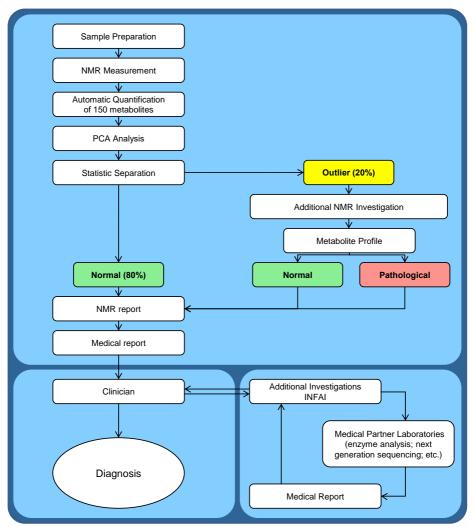


Figure 9: Performance of targeted and untargeted NMR analysis of bodyfluids. Additional investigations (GC-MS, LC-MS, enzyme analysis, gene sequence analysis) can be used.

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